ADVANCED DERMATOLOGY
of the Midlands

Liquid Nitrogen Treatment

Your doctor treated a problem area on your skin today with liquid nitrogen-this freezing treatment is also known as cryotherapy.

It is common for the treatment site to become red and swollen for the next 7-12 days. A blister may develop and be uncomfortable as well. If the blister is very uncomfortable, you can gently poke a hole in the edge of the blister using a sewing needle sterilized in rubbing alcohol. Following this, gently press on the blister to drain the blister fluid. The entire area should be cleaned with rubbing alcohol after that, but avoid getting any rubbing alcohol in the eyes, nose, or mouth.

In all cases, consider applying Vaseline (petroleum jelly) to the treatment area a few times daily to speed healing. Once completely healed, the treated skin may be slightly lighter or darker in color.

You may begin applying cover-up or makeup to the treated sites, as desired, immediately following the treatment.